

# ANNUAL WATER QUALITY REPORT

WATER TESTING PERFORMED IN 2018



*Presented By*  
**Stoughton Water Dept.**

## Our Mission Continues

We are once again pleased to present our annual water quality report covering all testing performed between January 1 and December 31, 2018. Over the years, we have dedicated ourselves to producing drinking water that meets all state and federal standards. We continually strive to update our current systems as well as adopt new methods for delivering the best-quality drinking water to you. As new challenges to drinking water safety emerge, we remain vigilant in meeting the goals of source water protection, water conservation, and community education while continuing to serve the needs of all our water users.

Please remember that we are always available should you ever have any questions or concerns about your water.

## Stoughton's Water System

Our water system includes seven ground water supply wells and pumping stations, a connection to the Massachusetts Water Resources Authority (MWRA on Island Street), four water storage tanks, and approximately 150 miles of water main. In addition, Stoughton maintains emergency pump stations to obtain water from the Towns of Canton and Brockton and two emergency interconnections to obtain water from the Towns of Easton and Sharon. About 96% of your drinking water is from Stoughton's own water resources, with the remaining 4% from the MWRA supply.

## Important Health Information

Some people may be more vulnerable to contaminants in drinking water than the general population. Immunocompromised persons such as those with cancer undergoing chemotherapy, those who have undergone organ transplants, people with HIV/AIDS or other immune system disorders, some elderly, and infants may be particularly at risk from infections. These people should seek advice about drinking water from their health care providers. The U.S. EPA/CDC (Centers for Disease Control and Prevention) guidelines on appropriate means to lessen the risk of infection by *Cryptosporidium* and other microbial contaminants are available from the Safe Drinking Water Hotline at (800) 426-4791 or <http://water.epa.gov/drink/hotline>.



## Count on Us

Delivering high-quality drinking water to our customers involves far more than just pushing water through pipes. Water treatment is a complex, time-consuming process. Because tap water is highly regulated by state and federal laws, water treatment plant and system operators must be licensed and are required to commit to long-term, on-the-job training before becoming fully qualified. Our licensed water professionals have a basic understanding of a wide range of subjects, including mathematics, biology, chemistry, and physics. Some of the tasks they complete on a regular basis include:



- Operating and maintaining equipment to purify and clarify water;
- Monitoring and inspecting machinery, meters, gauges, and operating conditions;
- Conducting tests and inspections on water and evaluating the results;
- Maintaining optimal water chemistry;
- Applying data to formulas that determine treatment requirements, flow levels, and concentration levels;
- Documenting and reporting test results and system operations to regulatory agencies; and
- Serving our community through customer support, education, and outreach.

So the next time you turn on your faucet, think of the skilled professionals who stand behind each drop.

## Information on the Internet

The U.S. EPA (<https://goo.gl/TFAMKc>) and the Centers for Disease Control and Prevention ([www.cdc.gov](http://www.cdc.gov)) Web sites provide a substantial amount of information on many issues relating to water resources, water conservation, and public health. Also, MassDEP has a Web site (<https://goo.gl/fg45jY>) that provides complete and current information on water issues in Massachusetts, including valuable information about our watershed.

## Public Meetings

The Board of Selectmen, acting as Water Commissioners, hold regular meetings in the Spring of every year to discuss rate changes and any issues the public would like to bring to their attention. Please call 781-341-1300 x 9212 for more information.

## Substances That Could Be in Water

To ensure that tap water is safe to drink, the Department of Environmental Protection (MassDEP) and the U.S. Environmental Protection Agency (U.S. EPA) prescribe regulations limiting the amount of certain contaminants in water provided by public water systems. The Food and Drug Administration (FDA) and Massachusetts Department of Public Health (DPH) regulations establish limits for contaminants in bottled water that must provide the same protection for public health. Drinking water, including bottled water, may reasonably be expected to contain at least small amounts of some contaminants. The presence of these contaminants does not necessarily indicate that the water poses a health risk.

“ We remain vigilant in delivering the best-quality drinking water ”

The sources of drinking water (both tap water and bottled water) include rivers, lakes, streams, ponds, reservoirs, springs, and wells. As water travels over the surface of the land or through the ground, it dissolves naturally occurring minerals and, in some cases, radioactive material, and can pick up substances resulting from the presence of animals or from human activity. Substances that may be present in source water include:

Microbial Contaminants, such as viruses and bacteria, which may come from sewage treatment plants, septic systems, agricultural livestock operations, or wildlife;

Inorganic Contaminants, such as salts and metals, which can be naturally occurring or may result from urban stormwater runoff, industrial or domestic wastewater discharges, oil and gas production, mining, or farming;

Pesticides and Herbicides, which may come from a variety of sources such as agriculture, urban stormwater runoff, and residential uses;

Organic Chemical Contaminants, including synthetic and volatile organic chemicals, which are by-products of industrial processes and petroleum production, and which may also come from gas stations, urban stormwater runoff, and septic systems;

Radioactive Contaminants, which can be naturally occurring or may be the result of oil and gas production and mining activities.

More information about contaminants and potential health effects can be obtained by calling the U.S. EPA's Safe Drinking Water Hotline at (800) 426-4791.

## Water Main Flushing

Distribution mains (pipes) convey water to homes, businesses, and hydrants in your neighborhood. The water entering distribution mains is of very high quality; however, water quality can deteriorate in areas of the distribution mains over time. Water main flushing is the process of cleaning the interior of water distribution mains by sending a rapid flow of water through the mains.

Flushing maintains water quality in several ways. For example, flushing removes sediments like iron and manganese. Although iron and manganese do not themselves pose health concerns, they can affect the taste, clarity, and color of the water. Additionally, sediments can shield microorganisms from the

disinfecting power of chlorine, contributing to the growth of microorganisms within distribution mains. Flushing helps remove stale water and ensures the presence of fresh water with sufficient dissolved oxygen and disinfectant levels, and an acceptable taste and smell.

During flushing operations in your neighborhood, some short-term deterioration of water quality, though uncommon, is possible. You should avoid tap water for household uses at such times. If you do use the tap, allow your cold water to run for a few minutes at full velocity before use, and avoid using hot water, to prevent sediment accumulation in your hot water tank.

Please contact us if you have any questions or if you would like more information on our water main flushing schedule.

## Stoughton's Water Treatment

To meet State and Federal requirements for drinking water, our source water receives treatment before it is supplied to our customers. We treat our water for corrosion control, disinfection, and the sequestering of iron and manganese, as detailed in the tables in this report. The pH of the water is raised with lime or potassium hydroxide to reduce its corrosivity in household plumbing. Disinfection is provided using chlorine gas or liquid.



## QUESTIONS?

Want to know more about the Stoughton water supply system or interested in participating in the decision-making process? Please contact Phil McNulty, P.E., Water & Sewer Superintendent, at the Stoughton Public Works Department at (781) 344-2112 with any questions, comments, or concerns. We are located at 950 Central Street.

## Manganese Monitoring

Manganese is a naturally occurring mineral found in rocks, soil, groundwater, and surface water. Manganese is necessary for proper nutrition and is part of a healthy diet, but can have undesirable effects on certain sensitive populations at elevated concentrations. The United States Environmental Protection Agency (EPA) and MassDEP have set an aesthetics-based Secondary Maximum Contaminant Level (SMCL) for manganese of 50 ug/L (microgram per liter), or 50 parts per billion (ppb). In addition, MassDEP's Office of Research and Standards (ORS) has set a drinking water guideline for manganese (ORSG), which closely follows the EPA public health advisory for manganese. Drinking water may naturally have manganese and, when concentrations are greater than 50 ppb, the water may be discolored and taste bad. Over a lifetime, the EPA recommends that people limit their consumption of water with levels over 1000 ppb, primarily due to concerns about the possible neurological effects. Children up to one year of age should not be given water with manganese concentrations over 300 ppb, nor should formula for infants be made with that water for longer than 10 days. The ORSG differs from the EPA's health advisory because it expands the age group to which a lower manganese concentration applies from children less than six months of age to children up to one year of age to address concerns about children's susceptibility to manganese toxicity.

## Source Water Assessment

A Source Water Assessment Plan (SWAP) is now available at our office. This plan is an assessment of the delineated area around our listed sources through which contaminants, if present, could migrate and reach our source water. It also includes an inventory of potential sources of contamination within the delineated area, and a determination of the water supply's susceptibility to contamination by the identified potential sources.

According to the Source Water Assessment Plan, our water system had a susceptibility rating of "medium." If you would like to review the Source Water Assessment Plan, please feel free to contact our office during regular office hours.



## Lead in Home Plumbing

If present, elevated levels of lead can cause serious health problems, especially for pregnant women and young children. Lead in drinking water is primarily from materials and components associated with service lines and home plumbing. We are responsible for providing high-quality drinking water, but we cannot control the variety of materials used in plumbing components. When your water has been sitting for several hours, you can minimize the potential for lead exposure by flushing your tap for 30 seconds to 2 minutes before using water for drinking or cooking. If you are concerned about lead in your water, you may wish to have your water tested. Information on lead in drinking water, testing methods, and steps you can take to minimize exposure is available from the Safe Drinking Water Hotline at (800) 426-4791 or at [www.epa.gov/safewater/lead](http://www.epa.gov/safewater/lead).

## FOG (Fats, Oils, and Grease)

You may not be aware of it, but every time you pour fat, oil, or grease (FOG) down your sink (e.g., bacon grease), you are contributing to a costly problem in the sewer collection system. FOG coats the inner walls of the plumbing in your house as well as the walls of underground piping throughout the community. Over time, these greasy materials build up and form blockages in pipes, which can lead to wastewater backing up into parks, yards, streets, and storm drains. These backups allow FOG to contaminate local waters, including drinking water. Exposure to untreated wastewater is a public health hazard. FOG discharged into septic systems and drain fields can also cause malfunctions, resulting in more frequent tank pump-outs and other expenses.

Communities spend billions of dollars every year to unplug or replace grease-blocked pipes, repair pump stations, and clean up costly and illegal wastewater spills. Here are some tips that you and your family can follow to help maintain a well-run system now and in the future:

### NEVER:

- Pour fats, oil, or grease down the house or storm drains.
- Dispose of food scraps by flushing them.
- Use the toilet as a waste basket.

### ALWAYS:

- Scrape and collect fat, oil, and grease into a waste container such as an empty coffee can, and dispose of it with your garbage.
- Place food scraps in waste containers or garbage bags for disposal with solid wastes.
- Place a wastebasket in each bathroom for solid wastes like disposable diapers, creams and lotions, and personal hygiene products including nonbiodegradable wipes.

## Test Results

Our water is monitored for many different kinds of substances on a very strict sampling schedule. Also, the water we deliver must meet specific health standards. Here, we show only those substances that were detected in our water. (A complete list of all our analytical results is available upon request.) Remember that detecting a substance does not mean the water is unsafe to drink; our goal is to keep all detects below their respective maximum allowed levels.

The State recommends monitoring for certain substances less often than once per year because the concentrations of these substances do not change frequently. In these cases, the most recent sample data are included, along with the year in which the sample was taken.

Although *E. coli* was detected (only in raw water testing), the water system is not in violation of the *E. coli* MCL.

### REGULATED SUBSTANCES

| SUBSTANCE<br>(UNIT OF MEASURE)                                | YEAR<br>SAMPLED | MCL<br>[MRDL] | MCLG<br>[MRDLG] | AMOUNT<br>DETECTED | RANGE<br>LOW-HIGH | VIOLATION | TYPICAL SOURCE  |
|---|-----------------|---------------|-----------------|--------------------|-------------------|-----------|---|
| <b>Haloacetic Acids [HAAs]</b>                                | 2018            | 60            | NA              | 13                 | 6.4–13            | No        | By-product of drinking water disinfection   |
| <b>Nitrate (ppm)</b>  | 2018            | 10            | 10              | 4.02               | 1.49–4.02         | No        | Runoff from fertilizer use; Leaching from septic tanks, sewage; Erosion of natural deposits                 |
| <b>Perchlorate (ppb)</b>                                      | 2018            | 2             | NA              | 0.26               | 0.10–0.26         | No        | Inorganic chemicals used as oxidizers in solid propellants for rockets, missiles, fireworks, and explosives |
| <b>TTHMs [Total Trihalomethanes] (ppb)</b>                    | 2018            | 80            | NA              | 26                 | 10–26             | No        | By-product of drinking water disinfection   |
| <b>Total Coliform Bacteria<sup>1</sup> (Positive samples)</b> | 2018            | TT            | NA              | 3                  | NA                | No        | Naturally present in the environment  |

Tap water samples were collected for lead and copper analyses from sample sites throughout the community.

| SUBSTANCE<br>(UNIT OF MEASURE) | YEAR<br>SAMPLED | AL  | MCLG | AMOUNT<br>DETECTED<br>(90TH %ILE) | SITES ABOVE<br>AL/TOTAL<br>SITES | VIOLATION | TYPICAL SOURCE  |
|--------------------------------|-----------------|-----|------|-----------------------------------|----------------------------------|-----------|---|
| <b>Copper (ppm)</b>            | 2017            | 1.3 | 1.3  | 0.230                             | 3/36                             | No        | Corrosion of household plumbing systems; Erosion of natural deposits  |
| <b>Lead (ppb)</b>              | 2017            | 15  | 0    | 3                                 | 3/36                             | No        | Lead services lines; Corrosion of household plumbing systems including fittings and fixtures; Erosion of natural deposits |

### SECONDARY SUBSTANCES

| SUBSTANCE<br>(UNIT OF MEASURE) | YEAR<br>SAMPLED | SMCL | MCLG | AMOUNT<br>DETECTED | RANGE<br>LOW-HIGH | VIOLATION | TYPICAL SOURCE                 |
|--------------------------------|-----------------|------|------|--------------------|-------------------|-----------|--------------------------------|
| <b>Manganese (ppb)</b>         | 2018            | 50   | NA   | 0.129              | 0–323             | No        | Leaching from natural deposits |

<sup>1</sup>Found only in raw water testing.

## Definitions

**90th %ile:** Out of every 10 homes sampled, 9 were at or below this level. This number is compared to the Action Level to determine lead and copper compliance.

**AL (Action Level):** The concentration of a contaminant that, if exceeded, triggers treatment or other requirements that a water system must follow.

**MCL (Maximum Contaminant Level):** The highest level of a contaminant that is allowed in drinking water. MCLs are set as close to the MCLGs as feasible using the best available treatment technology.

**MCLG (Maximum Contaminant Level Goal):** The level of a contaminant in drinking water below which there is no known or expected risk to health. MCLGs allow for a margin of safety.

**MRDL (Maximum Residual Disinfectant Level):** The highest level of a disinfectant allowed in drinking water. There is convincing evidence that addition of a disinfectant is necessary for control of microbial contaminants.

**MRDLG (Maximum Residual Disinfectant Level Goal):** The level of a drinking water disinfectant below which there is no known or expected risk to health. MRDLGs do not reflect the benefits of the use of disinfectants to control microbial contaminants.

**NA:** Not applicable

**ppb (parts per billion):** One part substance per billion parts water (or micrograms per liter).

**ppm (parts per million):** One part substance per million parts water (or milligrams per liter).

**SMCL (Secondary Maximum Contaminant Level):** These standards are developed to protect aesthetic qualities of drinking water and are not health based.

**TT (Treatment Technique):** A required process intended to reduce the level of a contaminant in drinking water.