



# Town of Stoughton

For employees and their families on the health plan



## Why participate in the Diabetes Care Rewards Program

We'll help you improve your health and reduce your risk of heart disease and stroke. And you'll get a **Good Health Gateway® RX Rewards Card** to get your \$0 copays.

## How to get your Good Health Gateway RX Rewards Card for \$0 copays



Register at [GoodHealthGateway.com](http://GoodHealthGateway.com)

Or call our **Good Health Gateway** HelpLine at 800.643.8028

Monday through Thursday 8:30 am - 6:00 pm and Friday 8:30 am - 5:00 pm EST.



Call the **Good Health Gateway** HelpLine at 800.643.8028 to:

- Review the program requirements.
- Schedule a telephone appointment with our Diabetes Educator.



Complete the call with our Diabetes Educator to develop your personal **Diabetes Health Action Plan®** Care Guide.

And confirm you will share your action plan with the doctor that helps you manage your diabetes.



Send us a **Provider Confirmation Form** or other acceptable documentation showing you completed the medical exams and lab tests listed below. Upload your documents through the website, send by mail, or fax to 877.378.4480.

Any of the exams/labs completed in the past year will count toward the requirement.

- Annual foot exam
- Annual eye exam
- Annual laboratory work-up of your fasting blood lipid levels
- Annual laboratory work-up of your urine/protein levels
- Laboratory work-up of your Hemoglobin A1c levels every 6 months



Get \$0 copays on covered diabetes medications and supplies using your **Good Health Gateway RX Rewards Card** at your local, in-network pharmacy or through **OPTUMRx®** Home Delivery when the program requirements are met.

The Town of Stoughton is committed to helping you achieve your best health status. Rewards for participating in this program are available to all eligible members who meet the program requirements. If your doctor determines you do not need one of the activities required in this program, they can simply indicate not needed beside that requirement, and you will receive credit for this requirement.

Participation in the program is voluntary and confidential. HIPAA privacy and security standards are used to ensure the protection of your healthcare information.

800.643.8028  
GOODHEALTHGATEWAY.COM