

*Presented By*  
Stoughton Water  
Department



ANNUAL  
WATER  
QUALITY  
REPORT

WATER TESTING PERFORMED IN 2016

## We've Come a Long Way

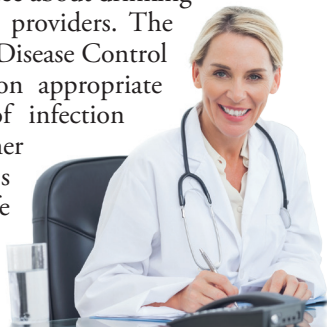
Once again we are proud to present our annual water quality report covering the period between January 1 and December 31, 2016. In a matter of only a few decades, drinking water has become exponentially safer and more reliable than at any other point in human history. Our exceptional staff continues to work hard every day—at any hour—to deliver the highest-quality drinking water without interruption. Although the challenges ahead are many, we feel that by relentlessly investing in customer outreach and education, new treatment technologies, system upgrades, and training, the payoff will be reliable, high-quality tap water delivered to you and your family.

## Stoughton's Water System: Where Does My Water Come From?

Our water system includes seven groundwater supply wells and pumping stations, a connection to the Massachusetts Water Resources Authority (MWRA on Island Street), four water storage tanks, and approximately 150 miles of water main. In addition, Stoughton maintains emergency pump stations to obtain water from the Towns of Canton and Brockton and two emergency interconnections to obtain water from the Towns of Easton and Sharon. About 90 percent of your drinking water is from Stoughton's own water resources, with the remaining 10 percent from the MWRA supply.

## Important Health Information

Some people may be more vulnerable to contaminants in drinking water than the general population. Immunocompromised persons such as those with cancer undergoing chemotherapy, those who have undergone organ transplants, people with HIV/AIDS or other immune system disorders, some elderly, and infants may be particularly at risk from infections. These people should seek advice about drinking water from their health care providers. The U.S. EPA/CDC (Centers for Disease Control and Prevention) guidelines on appropriate means to lessen the risk of infection by *Cryptosporidium* and other microbial contaminants are available from the Safe Drinking Water Hotline at (800) 426-4791 or <http://water.epa.gov/drink/hotline>.



## Substances That Could Be in Water

To ensure that tap water is safe to drink, the Department of Environmental Protection (MassDEP) and the U.S. Environmental Protection Agency (U.S. EPA) prescribe regulations limiting the amount of certain contaminants in water provided by public water systems. The Food and Drug Administration (FDA) and Massachusetts Department of Public Health (DPH) regulations establish limits for contaminants in bottled water that must provide the same protection for public health. Drinking water, including bottled water, may reasonably be expected to contain at least small amounts of some contaminants. The presence of these contaminants does not necessarily indicate that the water poses a health risk.

The sources of drinking water (both tap water and bottled water) include rivers, lakes, streams, ponds, reservoirs, springs, and wells. As water travels over the surface of the land or through the ground, it dissolves naturally occurring minerals and, in some cases, radioactive material, and can pick up substances resulting from the presence of animals or from human activity. Substances that may be present in source water include:

**Microbial Contaminants**, such as viruses and bacteria, which may come from sewage treatment plants, septic systems, agricultural livestock operations, or wildlife;

**Inorganic Contaminants**, such as salts and metals, which can be naturally occurring or may result from urban stormwater runoff, industrial or domestic wastewater discharges, oil and gas production, mining, or farming;

**Pesticides and Herbicides**, which may come from a variety of sources such as agriculture, urban stormwater runoff, and residential uses;

**Organic Chemical Contaminants**, including synthetic and volatile organic chemicals, which are by-products of industrial processes and petroleum production and may also come from gas stations, urban stormwater runoff, and septic systems;

**Radioactive Contaminants**, which can be naturally occurring or may be the result of oil and gas production and mining activities.

More information about contaminants and potential health effects can be obtained by calling the U.S. EPA's Safe Drinking Water Hotline at (800) 426-4791.

## Stoughton's Water Treatment

To meet State and Federal requirements for drinking water, our source water receives treatment before it is supplied to our customers. We treat our water for corrosion control, disinfection, and the sequestering of iron and manganese, as detailed in the table in this report. The pH of the water is raised with lime or potassium hydroxide to reduce its corrosivity in household plumbing. Lime is used at all wells with the exception of Pratt's Court, where we use potassium hydroxide. Disinfection is provided using chlorine gas or liquid.

## Water Main Flushing

Distribution mains (pipes) convey water to homes, businesses, and hydrants in your neighborhood. The water entering distribution mains is of very high quality; however, water quality can deteriorate in areas of the distribution mains over time. Water main flushing is the process of cleaning the interior of water distribution mains by sending a rapid flow of water through the mains.

Flushing maintains water quality in several ways. For example, flushing removes sediments like iron and manganese. Although iron and manganese do not themselves pose health concerns, they can affect the taste, clarity, and color of the water. Additionally, sediments can shield microorganisms from the disinfecting power of chlorine, contributing to the growth of microorganisms within distribution mains. Flushing helps remove stale water and ensures the presence of fresh water with sufficient dissolved oxygen and disinfectant levels, and an acceptable taste and smell.

During flushing operations in your neighborhood, some short-term deterioration of water quality, though uncommon, is possible. You should avoid tap water for household uses at such times. If you do use the tap, allow your cold water to run for a few minutes at full velocity before use, and avoid using hot water, to prevent sediment accumulation in your hot water tank.

Currently, water main flushing is performed once per year in the Spring, and it takes about four weeks to complete the entire town.

## Public Meetings

The Board of Selectmen, acting as Water Commissioners, hold regular meetings in the Spring of every year to discuss rate changes and any issues the public would like to bring to their attention.

## Fact or Fiction

A person should consume a half-gallon of water daily to live healthily. *(Fact: A person should drink at least 64 ounces, or 8 cups, of water each day.)*

Methods for the treatment and filtration of drinking water were developed only recently. *(Fiction: Ancient Egyptians treated water by siphoning water out of the top of huge jars after allowing the muddy water from the Nile River to settle. And Hippocrates, known as the father of medicine, directed people in Greece to boil and strain water before drinking it.)*

There is the same amount of water on Earth now as there was when the Earth was formed. *(Fact: The water that comes from your faucet could contain molecules that dinosaurs drank!)*

A typical shower with a non-low-flow shower head uses more water than a bath. *(Fiction: A typical shower uses less water than a bath.)*

About half the water treated by public water systems is used for drinking and cooking. *(Fiction: Actually, the amount used for cooking and drinking is less than 1 percent of the total water produced!)*

One gallon of gasoline poured into a lake can contaminate approximately 750,000 gallons of water. *(Fact)*



## ANY QUESTIONS?

Want to know more about the Stoughton water supply system or interested in participating in the decision-making process? Please contact Phil McNulty, P.E., Water & Sewer Superintendent, at the Stoughton Public Works Department at (781) 344-2112 with any questions, comments, or concerns. We are located at 950 Central Street.

## Lead in Home Plumbing

If present, elevated levels of lead can cause serious health problems, especially for pregnant women and young children. Lead in drinking water is primarily from materials and components associated with service lines and home plumbing. We are responsible for providing high-quality drinking water, but we cannot control the variety of materials used in plumbing components. When your water has been sitting for several hours, you can minimize the potential for lead exposure by flushing your tap for 30 seconds to 2 minutes before using water for drinking or cooking. If you are concerned about lead in your water, you may wish to have your water tested. Information on lead in drinking water, testing methods, and steps you can take to minimize exposure is available from the Safe Drinking Water Hotline or at [www.epa.gov/lead](http://www.epa.gov/lead).

## Protecting Your Water

Bacteria are a natural and important part of our world. There are around 40 trillion bacteria living in each of us; without them, we would not be able to live healthy lives. Coliform bacteria are common in the environment and are generally not harmful themselves. The presence of this bacterial form in drinking water is a concern, however, because it indicates that the water may be contaminated with other organisms that can cause disease.

In 2016, the U.S. EPA passed a new regulation called the Revised Total Coliform Rule, which requires additional steps that water systems must take in order to ensure the integrity of the drinking water distribution system by monitoring for the presence of bacteria like total coliform and *E. coli*. The rule requires more stringent standards than the previous regulation, and it requires water systems that may be vulnerable to contamination to have in place procedures that will minimize the incidence of contamination. Water systems that exceed a specified frequency of total coliform occurrences are required to conduct an assessment of their system and correct any problems quickly. The U.S. EPA anticipates greater public health protection under the new regulation due to its more preventive approach to identifying and fixing problems that may affect public health.

Though we have been fortunate to have the highest-quality drinking water, our goal is to eliminate all potential pathways of contamination into our distribution system, and this new rule helps us to accomplish that goal.

## Water Conservation

You can play a role in conserving water and saving yourself money in the process by becoming conscious of the amount of water your household is using and by looking for ways to use less whenever you can. It is not hard to conserve water. Here are a few tips:

- Automatic dishwashers use 15 gallons for every cycle, regardless of how many dishes are loaded. So get a run for your money and load it to capacity.
- Turn off the tap when brushing your teeth.
- Check every faucet in your home for leaks. Just a slow drip can waste 15 to 20 gallons a day. Fix it and you can save almost 6,000 gallons per year.
- Check your toilets for leaks by putting a few drops of food coloring in the tank. Watch for a few minutes to see if the color shows up in the bowl. It is not uncommon to lose up to 100 gallons a day from an invisible toilet leak. Fix it and you save more than 30,000 gallons a year.
- Use your water meter to detect hidden leaks. Simply turn off all taps and water using appliances. Then check the meter after 15 minutes. If it moved, you have a leak.

## Monitoring For Manganese

Manganese is a naturally occurring mineral found in rocks, soil, groundwater, and surface water. Manganese is necessary for proper nutrition and is part of a healthy diet, but it can have undesirable effects on certain sensitive populations at elevated concentrations. The U.S. EPA and MassDEP have set an aesthetics-based Secondary Maximum Contaminant Level (SMCL) for manganese of 50 µg/L (micrograms per liter), or 50 parts per billion (ppb). In addition, U.S. EPA and MassDEP have also established public health advisory levels. Drinking water may naturally have manganese and, when concentrations are greater than 50 ppb, the water may be discolored and taste bad. The U.S. EPA recommends that, over a lifetime, people drink water with manganese levels less than 300 ppb, and, over the short term, the EPA recommends that people limit their consumption of water with levels over 1,000 ppb, primarily due to concerns about possible neurological effects. Children up to 1 year of age should not be given water with manganese concentrations over 300 ppb, nor should formula for infants be made with that water for longer than 10 days.



## Benefits of Chlorination

**D**isinfection, a chemical process used to control disease-causing microorganisms by killing or inactivating them, is unquestionably the most important step in drinking water treatment. By far the most common method of disinfection in North America is chlorination.

Before communities began routinely treating drinking water with chlorine (starting with Chicago and Jersey City in 1908), cholera, typhoid fever, dysentery, and hepatitis A killed thousands of U.S. residents annually. Drinking water chlorination and filtration have helped to virtually eliminate these diseases in the U.S. Significant strides in public health are directly linked to the adoption of drinking water chlorination. In fact, the filtration of drinking water plus the use of chlorine is probably the most significant public health advancement in human history.

How chlorination works:

**Potent Germicide Reduction** in the level of many disease-causing microorganisms in drinking water to almost immeasurable levels.

**Taste and Odor Reduction** of many disagreeable tastes and odors like foul-smelling algae secretions, sulfides, and odors from decaying vegetation.

**Biological Growth Elimination** of slime bacteria, molds, and algae that commonly grow in water supply reservoirs, on the walls of water mains, and in storage tanks.

**Chemical Removal** of hydrogen sulfide (which has a rotten egg odor), ammonia, and other nitrogenous compounds that have unpleasant tastes and hinder disinfection. It also helps to remove iron and manganese from raw water.



## Fixtures with Green Stains

**A** green or blue-green stain on kitchen or bathroom fixtures is caused by tiny amounts of copper that dissolve in your home's copper plumbing system when the water sits unused overnight. Copper staining may be the result of a leaky faucet or a faulty toilet flush valve, so be sure your plumbing is in good working order.

Copper stains may also be caused by overly hot tap water. Generally speaking, you should maintain your water temperature at a maximum of 120 degrees Fahrenheit. Consult the owner's manual for your heater or check with your plumber to determine your current heat setting. Lowering your water temperature will reduce the staining problem and save you money on your energy bill.

Also keep in mind that a tap that is used often throughout the day usually will not produce copper stains, so if you flush the tap for a minute or so before using the water for cooking or drinking, copper levels will be reduced.

## Test Results

Our water is monitored for many different kinds of contaminants on a very strict sampling schedule. The information below represents only those substances that were detected; our goal is to keep all detects below their respective maximum allowed levels. The State recommends monitoring for certain substances less often than once per year because the concentrations of these substances do not change frequently. In these cases, the most recent sample data are included, along with the year in which the sample was taken.

### REGULATED SUBSTANCES

SUBSTANCE (UNIT OF MEASURE)	YEAR SAMPLED	MCL [MRDL]	MCLG [MRDLG]	AMOUNT DETECTED	RANGE LOW-HIGH	VIOLATION	TYPICAL SOURCE
Chlorine (ppm)	2016	[4]	[4]	1.68	ND–1.68	No	Water additive used to control microbes
Nitrate (ppm)	2016	10	10	4.6	0.55–4.6	No	Runoff from fertilizer use; Leaching from septic tanks, sewage; Erosion of natural deposits
Perchlorate (ppb)	2016	2	NA	0.33	0.05–0.33	No	Inorganic chemicals used as oxidizers in solid propellants for rockets, missiles, fireworks, and explosives
Total Coliform Bacteria <sup>1</sup> (Positive samples)	2016	TT	NA	5	NA	No	Naturally present in the environment

Tap water samples were collected for lead and copper analyses from sample sites throughout the community.

SUBSTANCE (UNIT OF MEASURE)	YEAR SAMPLED	AL	MCLG	AMOUNT DETECTED (90TH%TILE)	SITES ABOVE AL/TOTAL SITES	VIOLATION	TYPICAL SOURCE
Copper (ppm)	2014	1.3	1.3	0.274	2/35	No	Corrosion of household plumbing systems; Erosion of natural deposits
Lead (ppb)	2014	15	0	7.5	1/35	No	Corrosion of household plumbing systems; Erosion of natural deposits

### SECONDARY SUBSTANCES

SUBSTANCE (UNIT OF MEASURE)	YEAR SAMPLED	SMCL	MCLG	AMOUNT DETECTED	RANGE LOW-HIGH	EXCEEDANCE	TYPICAL SOURCE
Manganese (ppb)	2016	50	NA	516	0–516	Yes	Leaching from natural deposits

<sup>1</sup> During the past year, one Revised Total Coliform Rule (RTCR) Level 2 assessment was required to be completed for our water system. The Level 2 assessment was completed, and we were not required to take any corrective actions.

## Definitions

**90th Percentile:** Out of every 10 homes sampled, 9 were at or below this level.

**AL (Action Level):** The concentration of a contaminant that, if exceeded, triggers treatment or other requirements that a water system must follow.

**MCL (Maximum Contaminant Level):** The highest level of a contaminant that is allowed in drinking water. MCLs are set as close to the MCLGs as feasible using the best available treatment technology.

**MCLG (Maximum Contaminant Level Goal):** The level of a contaminant in drinking water below which there is no known or expected risk to health. MCLGs allow for a margin of safety.

**MRDL (Maximum Residual Disinfectant Level):** The highest level of a disinfectant allowed in drinking water. There is convincing evidence that addition of a disinfectant is necessary for control of microbial contaminants.

**MRDLG (Maximum Residual Disinfectant Level Goal):** The level of a drinking water disinfectant below which there is no known or expected risk to health. MRDLGs do not reflect the benefits of the use of disinfectants to control microbial contaminants.

**NA:** Not applicable

**ppb (parts per billion):** One part substance per billion parts water (or micrograms per liter).

**ppm (parts per million):** One part substance per million parts water (or milligrams per liter).

**SMCL (Secondary Maximum Contaminant Level):** SMCLs are established to regulate the aesthetics of drinking water like appearance, taste and odor.

**TT (Treatment Technique):** A required process intended to reduce the level of a contaminant in drinking water.