

## What you will learn:

*Participants will learn how to:*

- ◇ Identify and anticipate hazards in your home, workplace and neighborhood
- ◇ Reduce hazards and fire hazards in the home and workplace
- ◇ Extinguish small fires
- ◇ Assist emergency responders
- ◇ Conduct light search and rescue
- ◇ Set up medical treatment areas
- ◇ Apply basic medical techniques
- ◇ Help reduce survivor stress
- ◇ Perform basic first aid
- ◇ Assist in the operation of an emergency shelter
- ◇ Distribute commodities in an emergency or disaster
- ◇ Make an emergency preparedness kit for your home
- ◇ Make an emergency plan for your family or business
- ◇ Teach your neighbors about emergency preparedness.

## How Do I Join?

You must attend an informational session or contact the Stoughton Emergency Management to register.

### Requirements:

- Must be 18 years of age
- Complete a CORI background check
- Complete all training sessions for certification.

For more information contact us via phone or email at 781-344-3170 | [CERT@stoughton-ma.gov](mailto:CERT@stoughton-ma.gov).

Help make a difference in yourself, in your community and in your home.

**PREPAREDNESS  
STARTS WITH  
YOU.**



**Be Prepared.  
Be Aware.  
Be Involved.**



Stoughton Emergency Management  
1550 Central Street  
Stoughton, MA 02072  
781-344-3170



**FEMA**



## What is CERT?

The Stoughton Community Emergency Response Team (CERT) program trains citizens to prepare for and respond to emergencies in their communities.

CERT also teaches citizens how to prepare their home, their families, and their communities in order to reduce the impact of a disaster.

As a member of a CERT team, you can respond to local disasters, participate in drills and exercises, and take additional training.

**CERT teams are known and trusted resources to emergency responders and their community.**

CERT is critical component of the national Citizen Corps program, which aims to make communities safer, stronger, and better prepared through education, training, and volunteer service.

## Learn to Prepare and Protect Your Family, Your Home and Your Community.

### What do CERT teams do in an emergency?

Under the direction of local emergency responders, CERT teams help provide critical support by giving immediate assistance to victims, providing damage assessment information, and organizing other volunteers at a disaster site. Volunteers trained in CERT also offer a potential workforce for performing duties such as shelter support, crowd control, and evacuation. The role of a CERT

### Who should take CERT training?

- \* Citizens interested in taking an active role in hometown preparedness
- \* Neighborhood Watch groups
- \* Community leaders
- \* Parents
- \* Scouting leaders
- \* Teachers and administrators
- \* Members of clubs and civic organizations

### It starts with you

CERT is an integral part of Citizen Corps, the grass-roots movement that actively involves everyone in making our communities and our nation safer, stronger, and better prepared. All over America, communities have organized Citizen Corps Councils to inspire people to take action and get involved. To learn more about CERT and other Citizen Corps programs in your area, visit [www.citizencorps.gov](http://www.citizencorps.gov). No matter where you live, no matter who you are, we all have a role in hometown preparedness.

**In 95 percent of all emergencies, the victim or bystander provides the first immediate assistance on the scene.  
Would you know what to do?**